



BRHS yuraq group dances in Kasigluk

by Sara Guinn



BRHS yuraq group in Kasigluk. Below right: the dancers enjoyed the sunny, beautiful weather walking along the boardwalk.

Last week the BRHS Yuraq school dance group traveled to Kasigluk for the LKSD Dance Festival, where they danced on stage together and watched other Yuraq teams dance as well. The Warrior Dancers performed songs including *The Seal Hunting Song*, *The Pancake Song*, *The Karate Song*, *Mainema*, *Yuugiyama*, and *Anglaniluanga*. *Anglaniluanga* is a song Paista wrote for his brother (Shauna's uncle). We were so grateful to Zach Kernak of Akula & Logan of Toksook Bay for drumming for us!

Ethan Sparck said, "Some of the dances were fun to watch and some of the dancers made it fun to watch" "The Elders talked about stuff that will be helpful in life to guide you on a road to success. I met a couple new friends. They were unique and fun to be around."

The community of Kasigluk provided so much awesome Native food for the Elders, chaperones, & staff every day during lunch and dinner, and we had a big potluck including the community on the final day of the festival too!

Craft time was offered each week. Piluuguq-making, crocheting/knitting, qaspeq-making, and beading were offered for girls. Boys made wooden spoons. Elders & Culture Bearers were there the whole time to guide us through the processes. Akula also had Elder talks every day & presentations from YKHC Calricaraq on suicide prevention and tobacco use, & the troopers came to give a talk as well.

Something that was interesting was that students weren't allowed to have their cell phones at all during the day. They also weren't allowed to have any caffeine or sugary foods or beverages during the school day. I think this was to help students be present in the moment and focus better on what they were learning each day.

The weather was spotty so we hung out in the gym most of the afternoon. The kids made the best of it by Yuraq-ing with Akula students & playing basketball. It was the sweetest thing seeing the seniors and other older kids drumming and singing for the young ones. Such a beautiful reminder to lead by example & with patience.

Shauna Nanalook said, "I learned was to somewhat overcome my anxiety. Listening to Elders talking was interesting. With crafts, I finished making my headband. The circle talks after lunch...those were inspiring. The senior Yuraq almost made me cry (when seniors Yuraqed on the last day of the festival)."

Val Evon said, "It was fun meeting new people and seeing family, and going Elder Talk and making headbands and other stuff. I mostly liked it when we were dancing in a whole group and talking to friends having good times. When were in Elder Talk they were talking about long time ago stories. We listened very closely because they talked in Yup'ik all kids understood and didn't disrupt. The made us write sentences."



It's difficult to overstate how completely enthralling the Akula Dancers & Drummers are. They put their whole selves in each movement & sound. You can just see in their mesmerized eyes how inspired the young ones are by the older dancers too. Their passion, enthusiasm & talent encourages others to be brave and have fun too. It was such a gift to watch & take part in the invitational dances.

BRHS band and choir compete at regionals

by Audrey Jackson



On April 13th-16th, the BRHS band and choir students traveled to Unalakleet for the Regional Music Festival. The students that traveled were Audrey Jackson, Anna Howard, Kiley Twito, Tabitha Prince, Arianna Samson, Shania Flemings, Hannah Howell, Emma Charlie, and Lanna Japhet.

There were soloists, individual school bands & choirs, and a mass band & choir with all of the schools. In order to perform on the 14th and 15th, we had to practice our songs for hours on end, with 15 minute breaks in between. We left Bethel stressed and barely knowing the songs we were performing, but once we got there and started practicing, we quickly improved in time for the performance.

Two of us, Anna and Tabitha, impressed the judges so much with their solos that they will be traveling to Anchorage for state next week. Anna said, “It was nice to compete again and learn a new song. I was kind of scared that I didn't do so well this year, but I ended up getting superior ratings anyways. The trip was super fun.” Tabitha said, “It was exciting and terrifying at the same time, but to just sing it out was amazing and emotional. It brought myself and others to tears.”

I remember when Tabitha performed her solo, most if not all of us were crying, even Mr. Carlson! We all had fun on this trip, and we’re looking forward to hosting the festival next year!

The author of this article, Audrey Jackson (middle), along with Tabitha Prince and Anna Howard, who will attend state next week. Top photo: Director Carlson and the BRHS band and choir performers. Good luck!



JROTC cadets compete in Hawaii

by SFC Michael Calvetti



JROTC cadets: back—Christiana Cedillos, Lena White, Adrian Steve, Maya Ayagalria, Alyssa Motgin. front—Andrew Perry, Mason Beans-Polk, Samuel Atchak, Dylan Demientieff. Photo provided by SFC. Calvetti.

Thanks to everyone for their support of our JROTC program. Last week our cadets competed at the Waianae Adventure Challenge and they did really well, placing 1st. See below for the list of activities.

First Day—

- Lane 1: Physical fitness test (*push-ups, situps, and 75 meter shuttle run*)
- Lane 2: 200 meter swim, 25 yard buddy carry, 1/4 mile outrigger canoe paddle
- Lane 3: Assemble, cross and disassemble a rope bridge
- Lane 4: 250 feet 40 lb water can carry

Second day—

- Lane 1: Army combat fitness test (*Sprint, drag a 90 lb sled, shuffle run, carry 25 lb ammo can filled with dirt, sprint*)
- Lane 2: Heavy equipment carry
- Lane 3: 1 mile run with a litter carry and obstacles course included throughout the run.



Archery team shoots there best at nationals

by McKenna Hoffman-Mendoza
Stats courtesy of Coach Rafe Johnson



Last week the BRHS archery team flew all the way from Bethel to Salt lake City, Utah where they competed in the NASP Western National Tournament. They tried so hard to shoot for the targets, foam animal targets or bullseyes. They also went go go-karting.

The team members are Brayton Nicholai, Cora Butte, Stevie Greason, Madasyn Evans, Saige Wheeler, Anastasia Larson, Elias Komulainen, Ethan Wheeler, Madalyn Evans, Kiley Twito, Anna Howard, Emilie Madson, and Ellis Johnson.

Here are some replies from some of the shooters: Anna Howard said, “I had fun and was super lucky to travel there! “Ya! We did everything besides archery, like karting and the mall, and it was a fun time.”

Kiley Twito said “I felt a little nervous, but excited. “there was a lot of fun things to do and it was fun going go karting.”

Mr.Wheeler said, “I had a really good time. Some students have never been out of Alaska, and to see their reaction and see their faces light up was great. ”

Top Bethel Shooters for Bullseye

- Ellis Johnson 38th out of 344 (High School Boys)
- Stevie Greason 49th out of 182 (Elementary Girls)

Top Bethel Shooters for 3D (foam animal targets)

- Ellis Johnson 13th out of 243 (High School Boys)
- Elias Komulainen 34th out of 245 (Middle School Boys)
- Ethan Wheeler 36th out of 245(Middle School Boys)

The BRHS track and field team competes in Soldotna

by Rachael Jackson
Stats courtesy of Coach Alex Bernard



The BRHS track and field team, including Coach Bernard (right), Asst. Coach Crace (left), and Asst. Coach Alexie (back 4th from right). Photo by Alex Bernard.

The track and field team competed in Soldotna last weekend, and they gave it their all! As a result, the 4 X 200 relay team made a new school record and all the other players did as well.

The whole team worked very hard and made new records for BRHS. The staff and coaches couldn’t be more proud of the players who represented BRHS. Here are some of the athletes replies Sheldon Smith said, “I was excited to be a part of making a school record.” Daniel Jang said, “ I was proud that it went great for a first trip. And I’m just so proud of how much I improved since last year.”

Results:

Daniel Jang	100 meter	13.30 seconds
Anson Jimmie	100 meter	13.31 seconds
	200 meter	27.08 seconds
Maya Komulainen	400 meter	1.09.43 min. (new school record)
Adeline Perry	shotput	21.4 feet
Malinda Simon	discus	76.2 feet (new school record)
Allie Alexie	long jump	11.1.25 feet
Vjosa Pelumbi	long jump	10.5 feet
Sheldon Smith	long jump	13.8.25 feet
Relay Team (Daniel Jang, Anson Jimmie, Zack Wasillie, and Sheldon Smith)		1.47.53 minutes

Overall the whole team did a great job in Soldotna; they made new records and represented BRHS very well.

Recipe of the week

by Selena Echuck

Recipe provided by Amelia Samuels



In Miss Samuel’s Basic Foods class this week the students are making Italian moose sausage with pasta.

Ingredients:

- 1 lb. ground Italian moose sausage
- ½ onion, finely chopped
- 2 tsp minced garlic
- 1 tsp dried oregano
- ½ teaspoon dried rosemary
- ¼ teaspoon dried thyme leaves
- 1 box penne pasta
- ¾ cup water
- 1 chicken bouillon cube
- 1 ½ cups of heavy whipping cream
- ½ bag grated parmesan cheese
- ½ of the sun dried tomatoes from the jar minus the oil
- ½ bag spinach Salt and pepper to taste

Instructions:

1. Start browning the meat in a large skillet over medium heat. After 3-4 minutes add the onion and continue cooking until the sausage is brown and the onions are soft, reduce the heat to low heat.
2. Add the garlic, oregano, black pepper, rosemary, and thyme leaves and cook for one minute while stirring constantly then place the sausage mixture on a plate and cover with foil. meanwhile , cook the pasta according to the package directions and drain well.
3. Add the water and chicken bouillon to the skillet and stir until cube has been fully dissolved try collect all the brown bits from the bottom of the pan.
4. Once the cube is dissolved add the heavy whipping cream to the skillet bring to a boil and reduce the heat to simmer for 10-15 minutes. Turn the heat to low and stir in the parmesan cheese , sun dried tomatoes and spinach.
5. Continue cooking until the cheese is melted and the spinach is wilted. Add the sausage mixture and pasta to the skillet. Stir to coat and season with salt and pepper to taste and serve and enjoy

The BRHS yearbook is on the way!

by Jen Mutch



Rachael Jackson, McKenna Hoffman-Mendoza (front), Selena Echuck, Beth Graf (back). Photo by J. Mutch

The BRHS journalism students have been working hard and also having fun the past month to finalize the 2023 yearbook. Their jobs included taking photos, designing sports and academic pages, and editing text and photos.

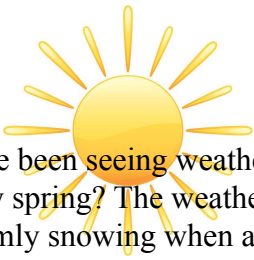
Because of the huge attention to detail required with this task, the students took a break from *The Warrior Weekly* during the month of April. We’ll put out a couple of issues as we wait for the yearbook to arrive during the final week of school. Thank you for all of your tedious work!

Note: You can still purchase a yearbook by clicking on the link below. Additionally, there will be some extra books to purchase in person. We’ll announce when they are available.

<https://www.treering.com/purchase?PassCode=1013118168661915>

Spring is Here

by Beth Graf



For the past days we have been seeing weather that make us question, is it really spring? The weather has been on and off lately, randomly snowing when all the snow was about to melt, or raining. Despite this spring is now arriving!! the sun is out more, the days are getting brighter and longer and spring activities like hunting, walking, and any other outdoor activities are open.

Selena Echuck said, “I like how the sun is out longer I like how bright everything is. The sun is good for you in many ways like supplying vitamin D.

Ms. Mutch said, “I’ve seen several flocks of geese flying overhead, and many people out walking and enjoying the sunshine. It’s a great feeling; it makes me think of summer arriving soon.”